## Celebrate Women's History Month



## **Philomene Allain**

Pharmacist
11 years of service
Touro

## Who's inspired you in your healthcare journey?

My healthcare journey started when I was a child, I knew I wanted a career in healthcare because I wanted to help those who needed care the most. I started my career in retail pharmacy and after 25 years at Walgreens, I felt it was time to utilize my skills in a hospital. It was a tough decision and not an easy task to change my career after 25 years. I inherited my drive to help others from my mother, who worked 45 years with the government and didn't want to retire! I owe a lot of gratitude to my mentor in hospital pharmacy, Roxanne Doley, who has been a pharmacist at Tour for over 30 years. Roxanne knew it would be difficult to transition a retail pharmacist to a hospital, but she had faith in me, which motivated me to continue to learn and do better. Roxanne is the most knowledgeable pharmacist I have ever met, as well as the most patient teacher. I never once regretted my decision to change career paths and I'm so humble and grateful to serve my patients. Thankyou, Roxanne, for inspiring me to be the best pharmacist that I can be and to have the confidence to do so!

## What are you most proud if in terms of contributions to healthcare?

I am most proud of my compassion and empathy, which has served me greatly as a pharmacist because I always go the extra mile. I'm also proud of the free diabetes clinics at the library, where we educate patients about diabetes management. I enjoy teaching and empowering patients with diabetes to better manage and improve their health. As a hospital pharmacist, I'm an integral part of a compassionate team of providers, who strive for the best outcomes for our patients. I see each patient as a member of my family and their care is of upmost importance. I'm currently continuing my education to become a board-certified geriatric pharmacist. I am humbled and grateful to have the opportunity to provide this care.

