Celebrate Women's History Month



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Health

Who's inspired you in your healthcare journey?

My initial aspiration on my journey in healthcare began with my mother and my aunt, who are from the Philippine Islands but are both graduates of Troy University School of Nursing in Alabama. My mother has been a Pediatric nurse for over 35 years, and my aunt is a retired NICU and United States Air Force Captain. I adopted their work ethic and passion for helping others. As I continued to grow within my career, I gained exposure to other women in leadership who were willing to share their experiences and knowledge of "breaking glass ceilings." These women were motivating and reminded me of the essence of "giving back." As a result, I am proud that my daughter is now a third-generation Registered Nurse and considers me her mentor.

What are you most proud if in terms of contributions to healthcare?

I am most proud of the opportunity we, as leaders, are provided to mentor new nurses while fostering an environment where continuous education regarding patient safety is essential.